

榮基 WING KEI NEWS SUMMER 2016

HAPPY 100TH BIRTHDAY TO MRS. MUI

– MAY GOD SHOWER YOU WITH BLESSINGS –

A THANKSGIVING STORY

Congratulations to Mrs. Mui, who celebrated her 100th birthday at Wing Kei.

Mrs. Mui has been living at Wing Kei Care Centre since 2005. First, as a retirement resident and later on, due to her health conditions, as a long-term care resident.

Mrs. Mui shared her thoughts of Wing Kei, commented the Care Centre being well equipped, beautifully landscaped, safe, comfortable and conveniently located. She complimented on Wing Kei's "Chinese-tailored" environment by serving Chinese meals and having staff who are able to communicate with the residents in Chinese.

"Wing Kei staff serve and care for the residents in the most attentive, approachable and lovable ways. They treat me like a family member and I feel like living at home comfortably."
– Mrs. Mui

蒙恩辭百歲 • 主恩永豐盈
感恩的分享 • 榮基是我家

院友梅太(梅潘賜潔)剛在榮基慶祝了百歲壽辰，謹此送上滿滿的祝福。

梅太於2005年入住榮基，後因健康問題轉住榮基護理中心，接受長期護理服務。

梅太分享了她對入住榮基的感受，讚揚榮基是一間設施完備、環境優美、安全舒適、交通方便的華人護理院。她同時讚譽了榮基因應華人的需要，悉心地締造了一個適合華人長者居住的環境，除了提供合口味的中餐，還有會說中文的員工，彼此同聲同氣，容易溝通，全無隔膜。

“榮基的員工對院友悉心關注，愛護有加。他們待我如家人，讓我過着舒心的生活。榮基，是我安享晚年的家。” – 梅太





WING KEI - A HOME OF LONGEVITY

Ten of Our Residents Live Over 100 Years Old.

How often do we get to attend a 100th birthday party? How about attending a 100th birthday party for four young ladies? Four of our residents celebrated their 100th birthday on June 9, 2016.

Happy Birthday to Mrs. Mui (Chee-Kit Poon), Mrs. Chau-Lin Lee, Mrs. Chun-Ngor Louie and Mrs. Yat Wong on their 100th birthday. They were honoured to receive a congratulatory letter from the Governor General of Canada on their 100th birthday – a special milestone to celebrate their life journey.

"I was very sporty when I was young. I am still trying my best to keep myself active. I am cautious about my diet and live well every day." – Mrs. Wong

榮基 • 福壽之家 十位院友安享百歲高壽

本年6月9日，榮基的員工和院友的家屬歡聚一堂，為四位院友－潘賜潔女士（梅太）、李秋蓮女士、雷春娥女士和黃日女士（黃太）慶祝她們的百歲壽辰。

期頤之年是人生旅程一個特別的里程碑，榮基的護理團隊特向加拿大總督為四位長者申領生日祝賀，並在生日會上向四位長者呈獻賀函，以表祝賀。

“我年輕時很愛運動，到現在還盡量保持適當的活動。我注意飲食，活好每一天。”－黃太





DO YOU NEED INFORMATION TO CARE FOR YOUR AGING PARENTS? DO YOU WANT TO LEARN MORE ABOUT SENIOR CARE SERVICES?

Wing Kei is hosting a program – “Because of Love” this July, August and September every Wednesday from 9:00 pm to 9:30 pm at Radio FM 94.7, Cantonese channel. The program introduces and shares information on various topics about senior care services. Please join us in listening to the program and to benefit from the sharing.

長者護理服務介紹 (愛的回饋)

父母恩情海樣深。當父母年事漸高，健康衰退的時候，我們由於忙於工作和照顧子女，對父母似乎愛莫能助。實際上，我們仍可以愛回饋，藉著護理院的優質專業服務去滿足父母身、心靈上的需要，讓他們安享蒙福的夕陽歲月。

榮基將在七、八、九月逢星期三晚上9時至9時30分在電台FM94.7粵語頻道主持《愛的回饋》節目，與您詳談分享長者的護理議題和需要，並介紹有關護理服務和注意事項，歡迎收聽。



OVER 1,000 WALKERS SUPPORTED THE 16TH WING KEI WALKATHON

The 16th Wing Kei Walkathon was a great success with over 1,000 walkers, 87 community groups and a great number of seniors joined us at the Walkathon on June 18, 2016. Together, we have raised over \$200,000. The event truly exemplified good community spirit, great partnership and exceptional teamwork. Thank you for your support of Walking With Our Seniors.

"Members of Connect Community Services are immigrants from mainland China. Thanks to Wing Kei for organizing this event that enables us to gain more knowledge about Wing Kei and its services to the seniors. We have more than a hundred members supported this fundraiser and we are hoping that this event will advocate senior care services to the general public."

– Member of Connect Community Services



"This is my first time to join my friends to support the Wing Kei Walkathon. I do not expect there is such a big crowd and I am particularly impressed with the number of seniors joining the event. Wing Kei did a great job in organizing the event and the arrangements are well-planned."

– Mr. Lam



支持榮基百萬行

6月18日早晨，卡城華埠耆英中心聚集了上千的人群，他們扶老攜幼一齊來支持和參與第十六屆榮基百萬行的籌款活動。

今年榮基百萬行廣邀社區的支持和參與，並首次邀請各社團和機構組隊參與步行。此安排獲得廣大社區的支持，一共有八十七個團隊和無數長者參與，是榮基歷屆百萬行參與步行人數最多的一屆，人數超過一千人，籌得善款逾二十萬元，充分展現社區群策群力的互助精神及對榮基和長者服務的支持。

“愛心之家的成員大部分是來自於中國大陸的移民，感謝榮基組織了這次百萬行籌款活動，讓我們能認識榮基和長者的服務。作為社區的一分子，我們的成員一百多人積極參與支持這次活動，希望藉著這次活動把關愛長者的信息傳達給每一個人。” - 愛心之家成員

“我是第一次與朋友參與支持榮基百萬行，沒想到有那麼多的人一同參加。活動組織得很好，照顧很全面。我特別感動有那麼多的長者出席，我會繼續支持榮基。” - 林先生



WHEN WORK IS A PLEASURE, LIFE IS A JOY!

— 樂業所向 • 敬業以恆 —

On May 25, 2016, the staff long service recognition ceremony was held at the Wing Kei Chapel. The ceremony recognized the dedicated services of 40 staff members, all of whom have made significant contributions to Wing Kei by serving the seniors.

This year, a total of 26 and 14 staff were awarded the “10-Year Long Service Award” and the “5-Year Long Service Award” respectively.

Wing Kei, since its inauguration in 2005, has been in operation for more than ten years. In the past ten years, we have grown rapidly and continue to succeed because we have a great team.

5月25日，榮基在福音禮堂舉行了2016員工長期服務獎頒授典禮，表揚40名任職十年和五年的員工的忠誠服務，在不同的崗位為榮基及長者作了卓越的服務和貢獻。

今年共有26名員工分別獲頒“十年長期服務獎”及14名員工獲頒“五年長期服務獎”。

榮基於2005年成立至今逾十載，過去十年服務發展迅速，這全賴一班努力不懈的員工，以敬業樂業的團隊精神與榮基共同成長。



“I am proud to be a nurse at Wing Kei. Our leadership team is very supportive and our co-workers are nice to work with. We provide quality services to the seniors through wonderful teamwork.” – Fatima Cheng, LPN

“We strive to provide the best possible care to our residents. We believe we can make a difference in the lives of the seniors.” – Hong Mao, Clinical Manager

“我很高興每日上班時見到院友親切的笑容。我們互相關懷，令我覺得生活在一個很融洽、很幸福的家庭。”
– Alice Luc, Unit Clerk

“我享受在榮基工作，因為榮基的使命能夠讓我給老人家最好的服務。同時，我亦可以在我的服務中獲得滿足和成就感。” – Cathy Ren, Health Care Aide



GOLFING FOR A GOOD CAUSE: COME & JOIN THE 3RD WING KEI CHARITY GOLF

The game is a wonderful networking and social event with many community leaders, entrepreneurs, philanthropic individuals and enthusiastic golfers. Net proceeds of this fundraiser will go towards Wing Kei Capital Campaign to build Wing Kei Greenview Phase 2.

DATE: August 18, 2016 (Thursday)

TIME: Registration – 12:30 pm

Shotgun Starts – 2:00 pm

GOLF COURSE: The Calgary Elks Lodge & Golf Club

FUNDRAISING GOAL: \$110,000

To sign up for the game and to inquire the sponsorship opportunities, please call **403-769-9958** or email **events@wingkei.org**.

為慈善揮桿

第三屆榮基慈善高爾夫球賽

慈善高爾夫球賽提供一個美好的活動平台，讓社區賢達、企業家、慈善家和熱愛高球運動的朋友們互相切磋聯誼。我們誠邀各界人士為長者共同揮桿，共襄善舉。籌得款項淨收益將用於興建榮基翠景二期，為78位長者提供長期護理服務。

日期: 2016年8月18日 (星期四)

時間: 下午12時30分報到，2時開賽

地點: The Calgary Elks Lodge & Golf Club

人數目標: 25個團隊

籌款目標: \$110,000

報名參與或查詢贊助這項籌款活動，請致電 403-769-9958或 電郵events@wingkei.org.

WING KEI GREENVIEW PHASE 2: A NEW HOME TO THE SENIORS

Opened in October 2014, Wing Kei Greenview is a success with its 95 beds now filled and more than 20 seniors are on the waiting list. Families are happy to note that health of their loved ones have improved after living in Greenview. But what about those who are still on the waiting list?

The community needs drive us to build Wing Kei Greenview Phase 2. The new facility, sitting next to Wing Kei Greenview, will cost \$18,500,000. Greenview Phase 2, scheduled to open in 2018, will provide an additional 78 Long Term Care beds. We have engaged NORR Architecture and BIRD Construction to design and build the facility. TD Bank has committed to the construction loan. Thanks to Alberta Health for the \$5 million Affordable Supportive Living Initiative (ASLI) grant and to Alberta Health Services for the collaboration. To make this meaningful project another success story, we are counting on the support of the community to raise \$4.5 million to complete the project.

To inquire about how you can support this initiative, please visit our webpage www.wingkei.org or call (403) 510-8533.

榮基翠景二期 • 長者的新居

榮基翠景於2014年投入服務，成功收納了95位院友，現時還有20多位長者在輪候名單中。據院友家屬的反饋，長者在入住榮基後健康有所改善，令家人感到欣慰。至於在榮基門外的長者又如何？

鑒於長者服務需求殷切，我們計劃從速興建榮基翠景二期。新的院舍將與現時的榮基翠景相連，建築費用為\$18,500,000。我們期盼榮基翠景二期能在2018年按時竣工並投入服務，為78位長者提供長期護理服務。我們已委任NORR則師樓和BIRD建築公司為院舍進行設計及承建，道明銀行亦已批出按揭；省政府衛生廳耆老護助計劃已撥款\$5,000,000支持這個項目，我們謹此致謝，並向省政府醫療服務局對榮基的長期支援和協助表示謝意。為了盡快達成興建榮基翠景二期工程，我們還需籌募\$4,500,000。懇請各界人士繼續支持榮基，慷慨捐資，幫助長者建設他們的未來之家。

若要了解更多的捐資計劃內容，歡迎瀏覽榮基網頁 www.wingkei.org 或請致電 (403) 510-8533查詢。

