

## Family update #104

May 26, 2021

Dear family and friends,

We are happy to see that the number of COVID cases in the province has continued to decline in the past week. We are very grateful that all three of our centres are free from COVID. Residents and staff are doing well.

Two Public Health Inspection Audits by Alberta Health Services were held last week – on May 18 at Crescent Heights and May 21 at Greenview. The auditors were very satisfied that we are following all directives and orders outlined by the Chief Medical Officer of Health. The audits indicated that there are no major concern. Sincere thanks to our residents, family members, and staff for your diligence and cooperation in helping to make Wing Kei safe.

### Seniors' Week – June 7 - 13

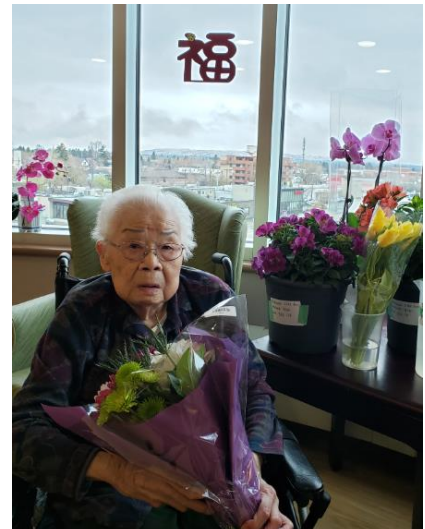
Seniors' Week is around the corner. We celebrate and appreciate our beloved residents who dedicated their lives to paving the path for our society and families. While Seniors' Week is June 7 to 13, we will be celebrating throughout the month! We will be encouraging wellness by promoting simple self-care practices such as drinking eight cups of water a day, participating in activities, and engaging seniors in fun and fresh exercise activities such as chair line dancing, bowling, and noodle ball games.

### Walk for Wing Kei

Seniors have been participating in our virtual Walk for Wing Kei by counting their steps/wheelchair propelling as we travel virtually through our downtown Calgary. There will be a Seniors' Week and Walkathon Celebration at the end of June where we will showcase the talents of achievements or residents through videos and photos.

### Lifetime Achievement

Does your loved one have a special lifetime achievement? Perhaps they passed down a talent of cooking, sewing, or calligraphy? Perhaps they swam or ran a long distance race? Maybe they were a war veteran or served their country in another significant way? Families are invited to send in a short write-up (150 words maximum) and pictures to the Recreation teams to share during the end of June celebrations. For residents who live at Crescent Heights, please send the write up to [recreation@wingkei.org](mailto:recreation@wingkei.org) and for residents who live at Greenview



# WING KEI

please send the write up to [recreation@wingkei.org](mailto:recreation@wingkei.org).  
Please include your loved one's name and their room number.

## Family Town Hall

Our next Family Town Hall will be on Wednesday, June 2 from 5.30 pm to 6.30 pm. We will do the risk tolerance assessment on visitation with family members again during the meeting. Please submit your completed [Registration Form](#) and questions by May 31 so we can be sure to address them at the meeting. Please note only general questions will be answered at the meeting. If you have a question specific to your loved one please contact your manager.

Thank you for keeping Wing Kei in your prayer.

*Praise our God, all peoples,  
let the sound of his praise be heard;  
~ Psalm 66:8*

Kathy Tam  
Chief Executive Officer

