

Family update #18

October 16, 2020

Dear family and friends,

We continue to remain free of COVID-19 in our centres. Thank you so much for your continued cooperation and support.

Family town hall special guest

Please join us at our next virtual Family Town Hall meeting on Wednesday, October 21 at 5.30 pm.

Special guest, **Leah Lechelt, Executive Director, Christian Health Association of Alberta (CHAA)**, will be making a presentation on the lessons that have been learned in seniors care with the pandemic so far.

CHAA has been at the forefront in discussions with Alberta Health about how government and Alberta Health Services can best support seniors care providers.

Contact selinacheng@wingkei.org for the Zoom link. Please email us your questions as soon as possible before the Town Hall so that we can be sure to respond to them during the meeting. Please note that general questions will be answered at the Family Town Hall. If you have specific questions about your loved one, please direct them to your manager.

From the rising of the sun to the place where it sets, the name of the Lord is to be praised. The Lord is exalted over all the nations, his glory above the heavens.
Psalm 113:3-4

Kathy Tam
Chief Executive Officer

Visitation and flu season

As the season changes and we can feel the air becoming cooler and the promise of snow, **we must continue to remain extremely careful to minimize any risk of transmission.**

This will become increasingly important as these next few months are when the regular flu (influenza) becomes more prevalent. Please exercise caution in all your interactions.

If you are feeling unwell at all, please choose to have a zoom visit instead of an in-person one. If you have been socializing or out shopping more frequently, please think about the risk that is coming into the centre with you.

We encourage you to take the influenza immunization. It is available at all pharmacies and may also be available at your doctor's office.

The numbers of positive COVID-19 cases are increasing in the province and there continue to be outbreaks at seniors centres, hospitals, and in the community. Other provinces, where the situation is more dire, have chosen to shut down completely. We hope and pray that this does not happen in Alberta.

Please remember to wear a mask, wash your hands frequently, maintain physical distance, stay away from large gatherings, and keep your cohort small. These precautions make a big difference.

Please continue to visit your loved one virtually, with window visits, or in person. We all must stay healthy and strong—physically, mentally, and spiritually—but supporting and caring for one another.