

# Family update #197

March 24, 2023

Dear family and friends,

The weather has become warmer and we are very happy that our residents are enjoying the beautiful sunshine and more visits from families and friends.

Below are a few updates to share with you.

### **COVID booster dose**

AHS recommends that residents of seniors' congregate care facilities receive an additional COVID-19 booster dose. We have therefore arranged for our eligible residents at Crescent Heights and Greenview to receive the vaccine in April for further protection. Residents and families will be informed of more details later.

### Supervision of children during visits

Thank you very much for your continual support observing our visitation protocols and doing rapid test as you feel necessary. We are so happy to see young children who come to visit bring so much joy and comfort to the residents. However an incident that happened recently with children running around the facility has caused safety concerns. We would like to remind that **children who are visiting should be supervised at all times for everyone's safety**.

### Family Town Hall: Apr 5

Our next <u>Family Town Hall</u> is on Wednesday, April 5 from 5.30 pm – 6.30 pm. To attend, please complete the <u>Registration Form</u> by Monday, April 3 and include any questions that you would like to discuss at the Town Hall. Please note that only general questions will be answered and if you have any personal questions, please contact the unit manager.

## 23<sup>rd</sup> Annual Walk for Wing Kei

We invite everyone to step in and register for the 23<sup>rd</sup> Annual Walk for Wing Kei (hybrid edition) starting Friday, March 17<sup>th</sup>! Join us with your friends and family on Saturday, May 20<sup>th</sup>, 10 am at Sien Lok Park for an in-person walk complete with prizes and performances! All donations will be invested into the planning and development of Wing Kei Village Phase One, a 180 bed continuing care centre designed to support seniors to age with grace, joy, and dignity.

Sign up at <u>walkforwingkei.org</u> and follow us on <u>Facebook</u> and <u>Instagram</u> for updates! Contact Alvin Ho at <u>events@wingkei.org</u> or call 403-277-7433 for more information. Your support and partnership is, as always, greatly appreciated.

#### **Recruitment of participants for University of Waterloo research project**

The Faculty of Health of the University of Waterloo is currently recruiting family caregivers to participate in a research project by using two separate mobile healthcare applications and subsequently rating them using the online index. Participants will receive a modest honoraria for



their participation. If you are interested, click the <u>recruitment poster</u> for more details and the contact information. Deadline of recruitment is April 20, 2023.

#### National Seniors Council Survey: Supporting Canadians aging at home

Canadians are living longer and healthier lives and many older adults are wanting to stay in their homes and communities for as long as possible. The National Seniors Council is now conducting an online survey about ways to better support those wishing to age in their homes and communities. The information collected from the survey will be used to prepare advice to the federal government on this matter. If you are interested to share your thoughts and ideas, please complete the <u>survey</u> by April 14, 2023.

Have a great weekend!

Commit to the Lord whatever you do, and he will establish your plans. ~ Proverbs 16:3

With gratitude, Kathy Tam Chief Executive Officer